



Professional Summary

As an early consumer advocate with a focus on the environment and a keen attention to detail, I entered the industry under “Bernadette V. Upton Interiors” in 1969 and have been designing ever since. I am now a Florida licensed interior designer, CEU lecturer, and consultant who has specialized in environmental interior design since 1982. I have designed interiors for environmental projects such as the Florida Conservation Lodge Foundation, and the American Lung Association’s Health House program. I am also:

- A professional member of the American Society of Interior Designers (ASID) and past President for the Florida South Chapter.
- A founding member of the national ASID Sustainable Design Council.
- A LEED (Leadership in Energy and Environmental Design) Accredited Professional with the US Green Building Council (USGBC).
- A member of the Florida Green Building Coalition (FGBC) and the National Environmental Health Association (NEHA).
- Certified with the Florida Green Lodging Program.
- A CEU lecturer and instructor.

At EcoDecor, we believe that interiors should be beautiful, breathable, and sustainable. Some of the services that our company offers include green interior design consultation, space planning, selection of furnishings, fabrics, bedding, flooring, window treatments, and wall coverings utilizing our state of the art design center.

We also have numerous eco/user-friendly products and furnishings that we have carefully chosen to represent based on their alignment with our mission. The furniture that we showcase is made from high-end manufacturers with FSC certified wood, PBDE-free foams, organic fabrics, and low/no voc stains and finishes. Some of our environmentally friendly products that we showcase in our studio include:

- Natural and organic fabrics such as Indika, SilverState, Creation Baumann, and DesignTex, etc.
- Natural wood flooring made from bamboo, cork, and river recovered wood.
- Natural and reclaimable carpeting made from organic wool, sea grass, and hemp.
- Natural wall coverings made from cork, grass cloth, bamboo, recycled paper, and low VOC stucco.
- Low/No VOC paints from our own paint line EcoDecor.
- Natural sealers and adhesives.
- Compact fluorescent and LED lighting.
- Organic, non-toxic bedding made from PBDE-free real rubber foam and wrapped with inherently flame retardant wool and pesticide-free cotton.
- Natural personal care products and whole food supplements from industry leading brands Aubrey Organics, Garden of Life, and EcoSense.
- State-of-the-art air filtration systems from IQ Air.

Please let us know if you would like to learn more about the services and products that we offer.

Yours in Health,

Bernadette V. Upton, ASID, LEED AP
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Sustaining the integrity of eco in decor

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